# ✅ FREE FREELANCE MOM STARTER CHECKLIST

Your first 30-day guide to launching a successful freelance career while being a full-time mom

## 👩‍👧‍👦 WEEK 1: Discover Your Niche and Skills

* ✅ Identify your strengths, hobbies, and past experience
* ✅ Choose 1–2 freelance skills that interest you (e.g., writing, VA, design)
* ✅ Research popular freelance roles that fit into mom life
* ✅ Join 2–3 Facebook groups or online communities for freelancing moms

## 💻 WEEK 2: Learn and Set Up Tools

* ✅ Watch free YouTube videos or take a short online course
* ✅ Create a basic portfolio (Google Doc, Canva, or free website)
* ✅ Set up email, Zoom, and a PayPal or Payoneer account
* ✅ Write a short bio and service description you can send to prospects

## 🔍 WEEK 3: Find Your First Client

* ✅ Let friends and family know you’re freelancing
* ✅ Apply for 5 beginner gigs on platforms like Upwork or Fiverr
* ✅ Respond to 3 job posts in freelancing Facebook groups
* ✅ Create a simple price list or package for your services

## 📅 WEEK 4: Work Smart & Build a Routine

* ✅ Choose your ideal working hours (nap time, evening, early morning)
* ✅ Create a weekly planner for work + mom duties
* ✅ Deliver quality work and ask for a testimonial
* ✅ Celebrate your first win (no matter how small!)

## 💡 EXTRA TIPS

* ☕ Include short breaks and “me time” in your schedule
* 💬 Save client messages and feedback for your future testimonials
* 📈 Keep learning and update your portfolio regularly
* 💖 Give yourself grace—you’re doing something amazing!

## ✨ You’ve Got This, Mama!

Starting small is still starting. With every step, you’re creating a flexible, fulfilling future. Keep this checklist handy and check off each item as you go.